

# **Health and Safety Plan Summary: Chester Upland School District**

**Initial Effective Date: August 30, 2021**

**Date of Last Review: March 24, 2022**

**Date of Last Revision: August 28, 2022**

Chester Upland School District (CUSD) implemented a *Phased School Reopening Health and Safety Plan* throughout the 2020-2021 school year, and sustained a revised Health and Safety Plan throughout the 2021-2022 school year, using mitigation strategies supported by the Centers for Disease Control and Prevention (CDC), Pennsylvania Department of Health, Pennsylvania Department of Education (PDE), Children's Hospital of Philadelphia (CHOP) PolicyLab, the Chester County Health Department, and the Delaware County Health Department. These strategies have been successful in supporting the larger public health initiative to slow the spread of COVID-19 and to protect our District community, especially those at increased risk for severe illness. Prevention and mitigation strategies will be updated as new guidance is made available by these public health organizations. CUSD will continue our efforts to constantly monitor COVID-19 cases. The Delaware County Health Department is now functioning as our regional public health coordinator. We will continue to review the latest guidance from the CDC, PA Department of Health, and Delaware County Health Department. This information will assist the District when reviewing our mitigation strategies for effectiveness. The guidance will also be used to revise our Health and Safety Plan as necessary.

Furthermore, CUSD will continue to utilize available rapid COVID-19 testing accessed through local, county, state and federal assistance, for any teachers, staff, or students who become symptomatic while at school or work.

Additionally, CUSD will continue to support vaccination clinics for our teachers, staff, and students.

According to recent CDC guidance that was reviewed on August, 2022, the CDC recommends universal masking only in communities with high levels of COVID-19. Also, effective February 25, 2022, the CDC does not require masks to be worn on buses or vans operated by public or private school systems, including early care and education/child care programs. The PA Department of Health has recommended that schools follow the CDC guidance.

This *Health and Safety Plan* and all COVID-19 mitigation measures/protocols will be reviewed and updated by the *School Reopening Task Force* at least every six months and whenever new guidance is released. Our District will continue to review the latest guidance from the CDC, PA Department of Health, and CHOP PolicyLab. This information will assist the District when reviewing our mitigation strategies for effectiveness. The guidance will also be used to revise our *Health and Safety Plan* as necessary. The District stands ready and able to adjust and adapt as needed should there be a spike in COVID-19 cases.

CUSD is committed to providing all students with a Free and Appropriate Public Education (FAPE). Continuity of services delivery will be determined based on the individualized needs of the students served and CUSD's ability to provide those services in compliance with current CDC guidelines. The instructional programming that we put in place is easily and quickly adaptable should it become necessary to move to a hybrid learning instructional model or full remote learning instructional model for a short or long period of time depending on the circumstances.

We will continue to spend a significant amount of time assessing and addressing the social and emotional well-being of our students and staff. The District will continue to use Social and Emotional Learning curricula with all students as a part of our overall strategy to support the mental health and emotional needs of our students. We will be implementing different programs during the start of the 2022-2022 academic year in order to accommodate this most important need. These programs include a continued District-wide multi-tiered system of supports (MTSS) framework. All schools will use Positive Behavior Interventions and Supports (PBIS) strategies, such as *Check-In Check-Out*, while integrating diversity, equity, and inclusion. We will partner with local community resources to assist us in addressing the social and emotional needed of our students and staff. Additionally, CUSD will continue to provide a variety of mental and emotional health supports to staff members via the use of the employee assistance program and other solutions.

CUSD is actively prepared for all scenarios and will be prepared to shift to hybrid or remote operations should a resurgence of new COVID-19 variant cases force temporary or prolonged closures. While we hope additional closures are not a reality, due to the incomplete vaccination rates of teachers, staff, students, families, and community members and the emergence of more transmissible COVID-19 variants, we must be prepared for the possibility of such an increase in cases in the Fall and Winter. The Food Services program will continue to provide nutritious meals (breakfast and lunch) to students daily. All COVID-19 food prep, serving, and cleaning protocols will continue to be followed and monitored for compliance. Lastly, to promote a healthy and safe environment for students and staff, COVID-19 mitigation guidelines and protocols will be followed and frequent written reminders will be used to help promote compliance in all schools. If students and staff return to a hybrid or full remote learning structure, CUSD will provide all students and families with a Chromebook and hotspot if needed. If schools are closed due to COVID-19, meal distribution at Chester High School, Toby Farms Intermediate School, and Stetser Elementary School will also commence.

In addition, CUSD has approved *Emergency Instructional Time* [Section 520.1 – 2021-2022 School Year]. This can be viewed on the District website on July 30, 2021.

Requirement	Strategies, Policies, and Procedures
<b>a. Universal and correct wearing of <u>masks</u>;</b>	<ul style="list-style-type: none"> <li>● According to updated guidance that was released on February 25, 2022, the CDC recommends universal masking <u>only</u> in communities with high levels of COVID-19. Also, effective February 25, 2022, the CDC does <u>not</u> require masks to be worn on buses or vans operated by public or private school systems, including early care and education/child care programs. The PA Department of Health has recommended that schools follow the CDC guidance.</li>   <li>● According to the new CDC county metrics, as of March 10, 2022, Delaware County, Pennsylvania's COVID-19 Community Level is moderate. Therefore, effective Monday, March 14, 2022, wearing masks will be optional for students, staff, and visitors in CUSD schools and Administrative offices, as well as on school buses and vans. We do not anticipate a return of universal masking during the 2022-23 academic year</li> </ul>

Requirement	Strategies, Policies, and Procedures
	<ul style="list-style-type: none"> <li>● Students and staff who have a fever or cold symptoms will be required to wear a mask until a rapid COVID-19 test is administered and a negative test result is received.</li> <li>● Students and staff who were COVID-19 positive will be asked to wear a mask for 5 days upon their return to school/work after the completion of a 5-day isolation period.</li> <li>● Any student, staff member, and/or visitor who wants to continue masking is permitted to do so.</li> </ul>
<p><b>b. Modifying facilities to allow for <u>physical distancing</u> (e.g., use of cohorts/podding) ;</b></p>	<ul style="list-style-type: none"> <li>● Pennsylvania lifted its Order for physical distancing and occupancy limits on May 31, 2021. However, the CDC recommends schools maintain at least 3 feet of physical distance between students within classrooms to the extent possible. CUSD schools will implement 3 feet of social distancing to the extent possible.</li> <li>● CUSD will consider any additional recommendations from the CDC, CHOP PolicyLab, PA Department of Health, and/or PDE for additional mitigation strategies if they update their guidance for the 2022-2023 school year.</li> <li>● If necessary due to an return to COVID-19 pandemic protocols, the District will adapt and adjust accordingly, including, but not limited to, a move to a hybrid learning instructional model or full remote learning instructional model. A return to remote learning will only be considered in the context of a return to a national return to pandemic levels of illness.</li> <li>● The District will also leave in place the social distancing signs/markings on the floors to encourage good social distancing practices.</li> </ul>
<p><b>c. <u>Handwashing and respiratory etiquette;</u></b></p>	<ul style="list-style-type: none"> <li>● Best practice encourages hand washing prior to meals and snacks, after meals and snacks, when transitioning back to class from being outside, after using the bathroom, and after blowing nose, coughing, or sneezing. CUSD will encourage our students, teachers, staff, contractors, and visitors to implement these best practices.</li> </ul>

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	<ul style="list-style-type: none"> <li>● CUSD will have hand sanitizer available in strategic locations and in high-traffic areas.</li> <li>● CUSD will continue to post signs in schools and Administrative Offices reminding students, teachers, staff, contractors, and visitors of proper respiratory etiquette.</li> <li>● Ensure adequate supplies (e.g., soap, paper towels, hand sanitizer, tissues) to support healthy hygiene practices.</li> </ul>
<p>d. <u>Cleaning and maintaining healthy facilities, including improving ventilation;</u></p>	<ul style="list-style-type: none"> <li>● CUSD will continue to diligently clean our facilities during the day and at the close of each school day.</li> <li>● CUSD utilizes Environmental Protection Agency (EPA) Approved Disinfectants to mitigate the spread of COVID-19.</li> <li>● CUSD will follow the CDC's <i>Guidance for Cleaning &amp; Disinfecting Schools</i>.</li> <li>● There will be routine cleaning of our buildings, classrooms, common areas, and office spaces.</li> <li>● Frequently touched surfaces and objects within the school and on buses will be cleaned and disinfected at least daily. This includes, but is not limited to, door handles, sink faucet handles/knobs, and drinking fountains.</li> <li>● We will continue to utilize Electrostatic sprayers (approved by the EPA to use against COVID-19) to deep clean schools and offices.</li> <li>● If there is a reported case of COVID-19, then increased cleaning and disinfecting of the area(s) the individual occupied will take place.</li> </ul>

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	<ul style="list-style-type: none"> <li>CUSD will ensure ventilation systems operate properly and increase circulation of outdoor air by opening windows and doors when possible.</li> </ul>
<p>e. <u>Reporting</u> in combination with <u>isolation</u>, in collaboration with the State and local health departments;</p>	<ul style="list-style-type: none"> <li>CUSD's Health and Safety Team will report all confirmed cases of COVID-19 to the PA Department of Health.</li> <li>CUSD will follow the COVID-19 quarantine guidance outlined by CHOP PolicyLab.</li> <li>For individuals who <u>test positive for COVID-19</u>, you will need to isolate for 5 days. You can return to school/work on Day 6 with resolved/mild symptoms. You must be fever free for 48 hours before your return. <b>You will wear a mask at school/work for 5 days upon your return from isolation.</b></li> <li><u>Close Contact Monitoring:</u> If you have been identified as a close contact, then you will be observed in school/at work for 5 days as long as you remain ASYMPTOMATIC (no symptoms of COVID-19). If symptoms develop during the 5-day monitoring period, then you will be provided with a rapid COVID-19 test. If SYMPTOMATIC and you test negative for COVID-19 on rapid test, you will need to quarantine for 5 days. You can return on Day 6.</li> <li><u>COVID-19 At-Home Exposure:</u> If you are ASYMPTOMATIC you can stay in school/at work. You will be observed for 5 days. If symptoms develop, then a rapid COVID-19 test will be performed. If rapid Covid-19 test positive, you will be sent home or isolate for 5 days. You can return on Day 6. If Covid-19 rapid test negative, you may remain in school as assessed by the nursing staff.</li> <li>Teachers, staff, contractors, or students who have tested positive for COVID-19 or who have been identified as a probable case must notify their direct supervisor and email the designated CUSD COVID-19 email address immediately. Isolation guidance will be provided to the individual.</li> <li>Teachers, staff, contractors, or students who have been notified that they have been identified as a close contact of an individual</li> </ul>

Requirement	Strategies, Policies, and Procedures
	<p>who has tested positive for COVID-19 must notify their direct supervisor and email the designated CUSD COVID-19 email address immediately. Quarantine is not currently recommended, but members will be directed for testing and evaluation by their health care provider.</p> <ul style="list-style-type: none"> <li>● CUSD will provide regular information about COVID-19 on District website and in parent flyers/letters.</li> <li>● Records will be maintained of any visitors, volunteers, and vendors who enter the building, their reason for being there, the location in the building the visit, and the names of the close contacts that they visit in the building. We will continue to require visitors and vendors to complete the <i>Visitors Acknowledgement of Conduction Screening, Obligation to Report Symptoms</i> form, which states that visitors and vendors agree to complete the CUSD's <i>Health Screening Form</i> and to contact the District immediately if they test positive for COVID-19 or are notified of a known COVID-19 exposure.</li> </ul>
f. <b><u>Diagnostic and screening testing;</u></b>	<ul style="list-style-type: none"> <li>● The District will follow its <i>Immunization and Communicable Diseases, Policy 203</i>, for guidance on communicable diseases as COVID-19 is classified as such.</li> <li>● CUSD will continue implementation of <i>Rapid COVID-19 testing</i> through <i>available local, county or federal assistance</i> for any teachers, staff, or students who become symptomatic while at school or work.</li> <li>● CUSD will maintain adequate personal protective equipment (PPE) for use including gloves and gowns. Face masks, face shields, hand sanitizer, and disinfecting wipes will also be available.</li> <li>● The District will share resources with the learning community to help families understand when to keep children home.</li> <li>● CUSD requires teachers, staff, contractors, and volunteers to self-screen prior to reporting to work and schools and to stay</li> </ul>

Requirement	Strategies, Policies, and Procedures				
	<p>home if experiencing any symptoms as outlined in the chart below.</p> <ul style="list-style-type: none"> <li>CUSD strongly recommends parents and guardians self-screen their child prior to reporting to school and keep their child home if experiencing any symptoms as outlined in the chart below.</li> </ul> <table border="1" data-bbox="589 572 1405 861"> <thead> <tr> <th data-bbox="589 572 910 656">Group A 1 or more symptoms</th><th data-bbox="910 572 1405 656">Group B 2 or more symptoms</th></tr> </thead> <tbody> <tr> <td data-bbox="589 656 910 861"> <ul style="list-style-type: none"> <li>Lack of smell or taste (without congestion)</li> <li>Cough</li> <li>Shortness of breath</li> <li>Difficulty breathing</li> </ul> </td><td data-bbox="910 656 1405 861"> <ul style="list-style-type: none"> <li>Sore throat</li> <li>Chills</li> <li>Muscle pain</li> <li>Fever</li> <li>Headache</li> <li>Congestion or runny nose</li> <li>Nausea or vomiting</li> <li>Diarrhea</li> </ul> </td></tr> </tbody> </table> <ul style="list-style-type: none"> <li>Teachers, staff, students, contractors, volunteers, and visitors <u>shall be sent home</u> if they become ill at work or school.</li> <li>CUSD will continue to require all students, staff, and visitors who enter schools and/or Administrative Offices to undergo temperature screening. Individuals who have a fever (<math>&gt;100.0\text{ F}</math>) will be asked to wear a mask until a rapid Covid-19 test is administered and shows a negative result, or they have been assessed by a health care provider.</li> <li>Teachers, staff, contractors, students, and volunteers who are ill <u>must stay home</u> from work and schools.</li> <li>Students and staff will go to the nurse immediately if feeling symptomatic while at school/work. Symptomatic students and staff will wear a mask until a rapid COVID-19 test is administered and a negative test result is received.</li> <li>Teachers, staff, contractors, or students who have tested positive for COVID-19, have been identified as a probable case, or have been identified as a close contact must notify their direct supervisor and email the designated CUSD COVID-19 email address immediately. These individuals will be provided</li> </ul>	Group A 1 or more symptoms	Group B 2 or more symptoms	<ul style="list-style-type: none"> <li>Lack of smell or taste (without congestion)</li> <li>Cough</li> <li>Shortness of breath</li> <li>Difficulty breathing</li> </ul>	<ul style="list-style-type: none"> <li>Sore throat</li> <li>Chills</li> <li>Muscle pain</li> <li>Fever</li> <li>Headache</li> <li>Congestion or runny nose</li> <li>Nausea or vomiting</li> <li>Diarrhea</li> </ul>
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	isolation or quarantine guidance as per guidelines from the Delaware County Department of Health
<b>g. Efforts to provide vaccinations to school communities;</b>	<ul style="list-style-type: none"> <li>● CUSD will provide information to teachers, staff, and families on vaccine clinics and/or how to get a COVID-19 vaccine.</li> <li>● CUSD will continue to partner with the City of Chester, local health agencies, and community organizations to provide vaccine clinics to teachers, staff, students, families, and community members.</li> <li>● The District will help publicize information regarding vaccination opportunities within the local community.</li> </ul>
<b>h. Appropriate accommodations for students with disabilities with respect to health and safety policies; and</b>	<ul style="list-style-type: none"> <li>● For students with disabilities and/or a medical diagnosis that require a prescribed health and safety plan, the IEP Team may reconvene to develop specially designed instruction or strategies to meet the needs of the student.</li> <li>● Servicing students in low incidence programs can be challenging due to, but not limited to, students with medical concerns, students not understanding the importance of wearing a mask, students unable to maintain proper social distancing, students requiring hand-over-hand instruction and support, and students requiring assistance with feeding and/or toileting.</li> <li>● For the reasons listed above, extra precautions will be implemented. These precautions include the following: <ul style="list-style-type: none"> <li>● If a sink is available in the classroom, then staff should thoroughly wash hands immediately before and after working with a student.</li> <li>● Avoid the use of communal objects for student reinforcement. If such objects are used with multiple students, each object should be disinfected immediately before and after student use.</li> <li>● Personal student iPads/Chromebooks/Augmentative and alternative communication (AAC) devices should be disinfected after each use.</li> </ul> </li> </ul>

Requirement	Strategies, Policies, and Procedures
	<ul style="list-style-type: none"> <li>• Bathrooms and changing tables should be disinfected before and after student use.</li> <li>• Students should be assisted with handwashing if needed.</li> </ul>
<b>i. Coordination with state and local health officials.</b>	<ul style="list-style-type: none"> <li>• CUSD has established relationships with state and local health officials, and we are committed to coordinating any efforts related to COVID-19 with those groups.</li> <li>• CUSD's Health and Safety Team will report cases of COVID-19 to the PA Department of Health.</li> <li>• CUSD's Health and Safety Team will consult with the PA Department of Health on specific cases or issues as needed.</li> </ul>

## Health and Safety Plan Governing Body Affirmation Statement

The Receiver/Board of Directors/Trustees for **CHESTER UPLAND SCHOOL DISTRICT** reviewed and approved the Health and Safety Plan on **March 24, 2022**.

The plan was approved by a vote of:

Yes

No

Affirmed on: **March 34, 2022**

By:

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(Signature\* of Receiver)

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*(Print Name of Receiver)*

\*Electronic signatures on this document are acceptable using one of the two methods detailed below.

**Option A:** The use of actual signatures is encouraged whenever possible. This method requires that the document be printed, signed, scanned, and then submitted.

**Option B:** If printing and scanning are not possible, add an electronic signature using the resident Microsoft Office product signature option, which is free to everyone, no installation or purchase needed.

## **Additional Resources**

LEAs are advised to review the following resources when developing their Health and Safety Plans:

- [CDC K-12 School Operational Strategy](#)
- [PDE Resources for School Communities During COVID-19](#)
- [PDE Roadmap for Education Leaders](#)
- [PDE Accelerated Learning Through an Integrated System of Support](#)

[PA Department of Health - COVID-19 in Pennsylvania](#)